

Decision Aids Addressing Combined Brain-Heart Conditions



This document presents freely available patient decision aids for health decisions related to **brain-heart** conditions, which are health conditions that affect the heart, brain, and mental health.

Cardiovascular Disease Prevention and Stroke

How do I control my blood pressure? Lifestyle options and choice of medicines

Options: Do nothing vs Lifestyle changes vs Medicines
Developer: NICE
Language: English
Format: Print

[Available here](#)

Statins: Are these cholesterol-lowering drugs right for you?

Options: Statins vs No statins
Developer: Mayo Clinic
Language: English
Format: Online

[Available here](#)

Statin side effects: Weigh the benefits and risks

Options: Statins vs No statins
Developer: Mayo Clinic
Language: English
Format: Online

[Available here](#)

What can you do to reduce your risk of having a heart attack or stroke?

Options: Lifestyle changes, Supplements, Blood pressure and Cholesterol medication
Developer: University of Sydney
Language: English
Format: Print

[Available here](#)

Patent Foramen Ovale and Stroke

Patent foramen ovale closure, antiplatelet therapy or anticoagulation therapy alone for management of cryptogenic stroke? A clinical practice guideline

Options: Patent foramen ovale closure vs Anticoagulants vs Antiplatelets
Developer: Ton Kuijpers
Language: English
Format: Online

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This work was funded by:

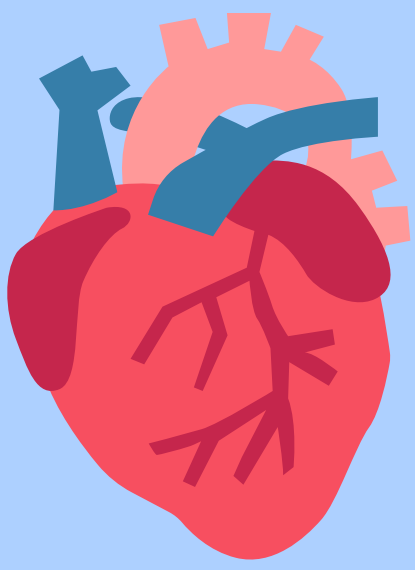


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Decision Aids Addressing **Heart** Conditions With Risk for **Brain** or **Mental Health** Conditions



Left Ventricular Assist Device and Risk for Stroke

A decision aid for left ventricular assist device (LVAD): A device for patients with advanced heart failure

Options: LVAD vs No LVAD
Developer: University of Colorado School of Medicine
Language: English, French, Spanish
Format: Online, Print, Video
[Available here](#)

Considering a left ventricular assist device (LVAD): A guide for patients and caregivers

Options: LVAD vs No LVAD
Developer: CorHealth Ontario
Language: English
Format: Print

[Available here](#)

Deciding together: A left ventricular assist device (LVAD) decision aid

Options: LVAD vs No LVAD
Developer: Center for Medical Ethics and Healthy Policy
Language: English, Spanish
Format: Online, Print

[Available here](#)

For patients, families and attendants considering DT treatment

Options: LVAD vs No LVAD
Developer: Osaka University Hospital Heart Centre
Language: Japanese
Format: Print

[Available here](#)

Aortic Valve Replacement and Risk for Stroke

A decision aid for treatment options for severe aortic stenosis for patients deciding between TAVR and surgery

Options: TAVR vs SAVR
Developer: American College of Cardiology
Language: English
Format: Print
[Available here](#)

A decision aid for treatment options for severe aortic stenosis (TAVR vs symptom management): For patients with prohibitive surgical risk/inoperable

Options: TAVR vs Symptom management
Developer: American College of Cardiology
Language: English
Format: Print

[Available here](#)

Hartklep keuzehulp

Options: Mechanical vs biological heart valve
Developer: ZorgKeuzeLab, Dutch Society for Thoracic Surgery
Language: Dutch
Format: Online

[Available here](#)

Nieuwe hartklep

Options: Mechanical vs biological heart valve; Open heart surgery vs Minimally invasive treatment vs Transcatheter Aortic Valve Implantation (TAVI)
Developer: Patient+
Language: Dutch
Format: Online

[Available here](#)

Severe aortic stenosis decision aid

Options: TAVR vs Symptom management
Developer: American College of Cardiology
Language: English
Format: Print

[Available here](#)

Treatment options for severe aortic stenosis for patients deciding between TAVI and surgery: For patients with low or intermediate surgical risk

Options: TAVR vs SAVR
Developer: American College of Cardiology
Language: English
Format: Print

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Heart&Stroke

Coronary Artery Disease and Risk for Stroke

Decision aid for stable ischemic heart disease

Options: Screening for SIHD vs Treatment for SIHD
Developer: Drugs.com
Language: English, Spanish
Format: Print

Available [here](#)

Decision support tool: making a decision about stable angina

Options: Medicines only vs Medicines plus Coronary angioplasty vs Medicines plus CABG
Developer: NICE
Language: English
Format: Print

Available [here](#)

NSTEMI decide

Options: Cardiac catheterization or No cardiac Catheterization
Developer: New York University
Language: English, Spanish
Format: App based

Available [here](#)

Atrial Fibrillation and At-Risk for Stroke

A decision aid for afib stroke prevention for patients with atrial fibrillation

Options: Treatment vs No treatment; Warfarin vs. DOAC; Blood thinner vs. Closure device
Developer: American College of Cardiology
Language: English, Spanish
Format: Print, Video

Available [here](#)

Afib and high risk for stroke

Options: Warfarin vs DOACs
Developer: American College of Cardiology
Language: English, Spanish
Format: Print, Video

Available [here](#)

Afib and moderate risk for stroke

Options: Warfarin vs DOACs
Developer: American College of Cardiology
Language: English, Spanish
Format: Print

Available [here](#)

Anticoagulation choice

Options: Anticoagulant vs No anticoagulant
Developer: Mayo Clinic
Language: English
Format: Online

Available [here](#)

Atrial fibrillation guideline support tool

Options: No anticoagulant vs Aspirin vs Warfarin
Developer: University of Cincinnati
Language: English
Format: Print

Available [here](#)

Atrial fibrillation: How can an irregular heart rhythm be treated?

Options: Slow down heart frequency, Restore sinus rhythm, Maintain sinus rhythm
Developer: Quality and efficiency in Health care (IQWiG)
Language: English
Format: Print

Available [here](#)

ATRIAL FIBRILLATION Medicines to help reduce your risk of a stroke – What are the options?

Options: Warfarin vs DOACs
Developer: Vale of York Clinical Commissioning Group & York Teaching Hospitals
Language: English
Format: Print

Available [here](#)

Shall I take oral anticoagulants to prevent stroke if I have AF

Options: Anticoagulant vs No anticoagulant
Developer: Taipei Veterans General Hospital
Language: English
Format: Print

Available [here](#)

Making a decision about: Further treatment for atrial fibrillation (AF)

Options: Medication (rhythm control) vs Left Atrial ablation vs Atrioventricular node ablation & pacemaker
Developer: NHS England
Language: English
Format: Print

Available [here](#)

RAPID afib decision aid

Options: No anticoagulant vs Warfarin vs DOACs
Developer: University of Calgary
Language: English
Format: Online

Available [here](#)

Stanford guide to afib stroke prevention

Options: Anticoagulant vs No anticoagulant
Developer: Stanford University
Language: English, Spanish
Format: Online, Print

Available [here](#)

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Heart&Stroke

Peripheral Arterial Disease and Risk for Stroke

Show me PAD

Options: Exercise therapy vs Claudication medicines vs Angioplasty/Stents/Bypass surgery

Developer: Yale University

Language: English

Format: Online, Print

Available [here](#)

Heart Failure and Risk for Stroke

Heart failure decision aid

Options: Non-Invasive Treatment vs Invasive Treatment vs End-of-Life Care

Developer: Intermountain Health

Language: English, Spanish

Format: Print

Available [here](#)

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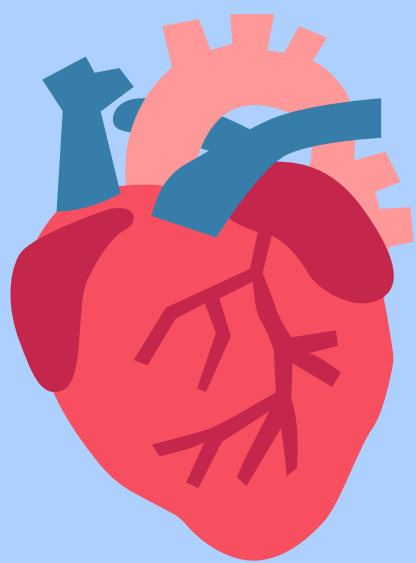
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Heart&Stroke



Decision Aids Addressing Brain or Mental Health Conditions With Risk for Heart Conditions



Mental Health Treatment and At-Risk for Heart Complications

A decision aid for ADHD regarding discontinuation of medications

Options: Continue vs discontinue ADHD medications
Developer: Sleep Drug Group in Psychotropic Drugs Exit Strategy Manual Research Group
Language: English, Japanese
Format: Print

[Available here](#)

A decision aid for depression: A guide to choosing a treatment for depression: mild cases

Options: Antidepressants, Electroconvulsive therapy, Psychotherapy.
Developer: Japanese Agency for Medical Research and Development
Language: Japanese
Format: Print

[Available here](#)

Decisions in recovery: Treatment for opioid use disorder

Options: Methadone, Buprenorphine, Naltrexone
Developer: Substance abuse and mental health services administration
Language: English
Format: Print

[Available here](#)

Depression in older adults: Choosing an option to improve mood

Options: Psychotherapy, Physical Activity, Antidepressants, Massage and light therapy, Watchful waiting
Developer: Laval University
Language: English, French
Format: Online, Print

[Available here](#)

Zur entscheidungshilfe: Psychosen

Options: Self-help measures vs Medication vs Psychological Therapies
Developer: Psychnet
Language: German
Format: Online

[Available here](#)

Depression and At-Risk for Cardiovascular Disease

Informed choices about depression

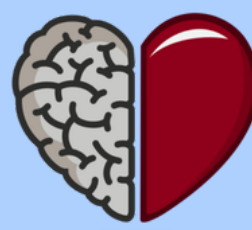
Options: Self-Help Treatments, Counseling or Therapy, Medication Treatment, Alternative Treatments
Developer: Mobilizing Minds Research Group
Language: English
Format: Online

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